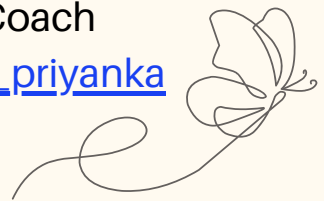


WEEKLY CEO REVIEW TEMPLATE

Reflect. Refocus. Reclaim Your Power.

By **Priyanka Thakur** | Business & Mindset Coach
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“Embrace the shift to find your bliss!”

Weekly CEO Review



How To Use This Template -

This isn't a time-consuming journaling ritual.

This is a 10-minute clarity tool to:

- Reflect on your wins and challenges
- Refocus on what actually matters
- Realign with your goals, energy, and the priorities

Do this once a week - Sunday evening or Monday morning works best.

You'll be amazed how this small practice shifts your mindset and momentum.

"Embrace the shift to find your bliss!"

Weekly CEO Review

Wins This Week -

What went well this week, big or small?

Look at both personal and business wins!

☐ I'm proud that I...

☐ I felt aligned when I...

☐ This made me smile this week...

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Weekly CEO Review

What I Learnt -

What lessons came up from successes or setbacks this week?

☐ I learnt that...

☐ One thing I'd do differently next time is...

☐ I now understand...

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Weekly CEO Review

Energy Check-In -

How did I feel in my body and mind this week?

☐ What felt energizing?

☐ What felt draining?

☐ What can I change next week to protect my energy?

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Needs attention this week -

Let's set clear priorities for the week ahead.

■ My Top 3 Priorities:

1. _____
2. _____
3. _____

■ My Non-Negotiables (must-do tasks):

■ I will say no to...

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Weekly CEO Review

Support I Need -

You don't have to do it all alone.

☐ Where do I need help, guidance, or feedback?

☐ What can I delegate?

☐ Who can I ask for support from or collaborate with?

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Weekly CEO Review

What Am I Product Of -

Coach yourself with kindness.

What would I say to myself as a coach or best friend?

What progress am I celebrating — even if it's not visible to others?

One thing I love about how I showed up this week:

"Embrace the shift to find your bliss!"

Weekly CEO Review



You are the CEO of your business, not just an operator.

This review isn't a task. It's a leadership tool.

Want deeper support or help identifying blind spots?
Let's talk.

Book your free discovery call with Priyanka.
You don't have to figure it all out alone.

NirwaanaShift with Priyanka | www.nirwaanashift.com

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"Embrace the shift to find your bliss!"